



Neighbourhood Plan

Burstow & Smallfield



Neighbourhood Community Activities



Be an inspiration
Be a volunteer



**New Initiative being launched - Join the TimeBank
volunteering to share your skills and experience**

Numerous other opportunities to become involved to benefit you, and our local community

Sports & Exercise

- Badminton, Yoga, Table Tennis, Snooker, Aerobics, Fitness League, Zumba, Tai Chi, Short Mat Bowls, Slimming World, Football, Horse Riding

Health & Welfare

- CAMEO (Come and Meet Each Other), Coffee Mornings, Stroke Club, Wednesday Club, Forget-Me-Nots

Social & General Interest

- Women's Institute, Scouting, Horticulture & Gardening Association, Allotments, Burstow Coffee Shop, Smallfield Club

Community Support

- Neighbourhood Watch, Parish Council, Flood Forum, Friends of Burstow School

Education & Learning

- Art Classes, Workers Education Association

Smallfield Health Centre

- TimeBank, Patients Participation Group, Well Being